

Listen without judgement • Send a Card • Say "Please" & "Thank You" • Hold a Door Open • Smile

Join us in our ACTS of KINDNESS Project!

Kindness Works



With Teamwork

Please join us in reaching our goal of 52,000 acts of kindness. Log you ten acts of kindness on this card and mail it back to us. Watch our progress in our school's front window, where each card will be displayed.

Name: _____

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has"
—Margaret Mead

Created & Sponsered by:
Sonoma Taekwondo Center
18909 Sonoma Hwy. • Sonoma, CA 95476
935-7118 • Across from MacDonalds

Volunteer • Pick up a Piece of Litter • Donate Stuff • Give Hugs & Kisses • Buy Lunch

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Read to Someone • Write to a Soldier

Adopt a Pet • Say "I love you" • Be a Mentor

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